



भाकृअनुप - भारतीय जल प्रबंधन संस्थान
ICAR - Indian Institute of Water Management
भारतीय कृषि अनुसंधान परिषद/ Indian Council of Agricultural Research)
रेलविहार के सामने, चंद्रशेखरपुर, भुवनेश्वर-751023, ओडिशा
Opp. Rail Vihar, Chandrasekharpur, Bhubaneswar-751023, Odisha



Subject: Report of Day-15 (01.10.2025) on celebration “Swachhata Hi Seva 2025” by ICAR-IIWM, Bhubaneswar – reg.

On Day 15 of SHS 2025 (i.e., 01.10.2025), a sensitization programme on ‘Yoga, Health and Swachhata ’ was organized in Deula Pokhari village in Alasisasan GP of Balipatana block, Khordha district, Odisha. Topics such as effects of yoga, meditation and swachha environment on our physical and mental wellbeing were discussed. They were also encouraged to cultivate a spirit of selfless service, imbibe good values & virtues, and foster good relationships with others. The participants also practiced yoga and meditation during the programme. Lastly, they were encouraged to work together to keep the village and its environment clean. While all the participants enjoyed the sessions, they expressed their interest for more such programmes for peaceful and harmonious existence.

Some of the action and activity photographs of Day-15 (01.10.2025) are presented below.



Talk on ‘Yoga, Health and Swachhata for physical and mental well-being’ being delivered



Meditation session by the participants



Participants practicing yoga

